



# “MONDAY MORNINGS”



## Adult Lecture Series Spring 2012 Schedule

Robin Flynn, Program Director  
flynn@noblenet.org • 978-921-6062

### February 6

*Giving Wisely to Charities*  
Amy Schram, BBB

### February 13

*Winter Wellness: Alternative Ways to  
Complement Your Self-Care Regimen*  
Lynn Helferich (Royal Yoga)

### February 20

Presidents Day—NO PROGRAM

### February 27

*Developing Theme Gardens \**  
Betsy Williams

### March 5

*The Tin Ticket*  
Deborah Swiss

### March 12

*Poor Girl Gourmet: Eat in Style on a  
Bare-Bones Budget*  
Amy McCoy

### March 19

*Emergency Preparedness for You &  
Your Pet: Lessons from the  
Danversport Explosion*  
Janet Lettich

### March 26

*Inside the FBI*  
John Gamel

### April 2

*It's Not About the Hike \**  
Nancy Sporborg & Pat Piper

### April 9

*The Global Reach of a Rising Dragon:  
China's Growing Economy and  
Environmental Problems*  
Dr. Stephen Young, Salem State U.

### April 16

Patriots' Day—NO PROGRAM

### April 23

*Archer Adventures: Nepal & India*  
John Archer

**All welcome—no registration needed!**  
Programs take place in the Sohier Room, 1st floor.  
Coffee/Tea @ 9 AM ~ Program 9:30 AM -10:30 AM

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